

SENIOR DAY CARE

937 Spring Street, Placerville
(530) 621-6180

Designed to meet the needs of adults who are home bound or isolated due to a stroke, Alzheimer's disease or other debilitating mental and physical condition.

SENIOR HEALTH EDUCATION PROGRAM

937 Spring Street, Placerville
(530) 621-6255
(530) 621-6151

A health education program for residents 60 years or older and older. Offers community health fairs and screenings, weekly exercise classes, and Spring/Fall educational presentations.

SENIOR LEGAL SERVICES

937 Spring Street, Placerville
(530) 621-6154

Legal assistance for residents 60 years or older with Social Security (Medicare/Medi-Cal questions), SSI, wills, trusts and real property.

SENIOR NUTRITION PROGRAM

937 Spring Street, Placerville
(530) 621-6160
(530) 573-3130 SLT

A hot nutritious lunch is served Monday - Friday at 7 community dining centers throughout the

County or delivered to home bound adults 60 years or older who are medically or physically disabled.

SENIOR PEER COUNSELING

(530) 621-6304

Offers counseling services to adults 55 years or older enabling them to make choices and changes for personal growth.

SENIOR SHUTTLE

937 Spring Street, Placerville
(530) 621-6208

Provides weekly grocery shopping trips for seniors. Special trips are scheduled throughout the year to museums, fairs, parks, etc. Not wheelchair accessible.

SENIOR TIMES NEWSLETTER

937 Spring Street, Placerville
(530) 621-6255

A monthly newsletter containing a calendar of events, Nutrition menu and articles of interest to senior citizens and the general public. Yearly subscription- \$5 donation.

WEATHERIZATION ASSISTANCE PROGRAM

937 Spring Street, Placerville
(530) 621-6150
(530) 573-3490 SLT

Provides home repairs and installation of energy saving devices to home owners and

renters living in El Dorado and Alpine County.

VOLUNTEER PROGRAM

937 Spring Street, Placerville
(530) 621-6255

Many of our programs and services are dependent upon volunteers. Find out how you can get involved with Department of Human Services programs.

YOU ARE NOT ALONE (YANA)

937 Spring Street, Placerville
(530) 621-6255

A free daily telephone "check-in" and reassurance service available 7 days a week, supported by the Sheriff's Team of Active Retirees and Human Services volunteers.

Senior Services

A Quick Reference Guide to Services in the Community



Community Services Division
(530) 621-6150 Placerville
(530) 573-3490 South Lake Tahoe

Social Services Division
(530) 642-7300 Placerville
(530) 573-3200 South Lake Tahoe

Information & Assistance
(530) 621-6369
(800) 510-2020
(toll free within El Dorado County)

*Don't know who to call?
Our Senior Helpline can help...*

Information & Assistance

(530) 621-6369
Toll-free: (800) 510-2020

Revised 01/2010

www.edcgov.us/humanservices/seniorservices.html

ADULT PROTECTIVE SERVICES

(530) 642-4800

(530) 573-4306 SLT

Investigates abuse, neglect and exploitation of elders and dependent adults.

CITIZEN ADVOCATES FOR THE PROTECTION OF ELDERS

3057 Briw Road, Placerville

(530) 642-4804

Created to identify and prevent elder abuse with the help of trained and caring community volunteers.

ELDER ID AND CARE TRAK

935A Spring Street, Placerville

(530) 621-6180

Designed for Alzheimer's patients and others with memory loss that may have the potential to wander away from home and get lost.

EL DORADO TRANSIT-LOCAL BUS/DIAL-A-RIDE

(530) 642-3696

Local bus routes serve the greater part of El Dorado County. Dial-A-Ride offers curb-to-curb shared ride service.

ELDER PROTECTION UNIT

(530) 642-4800

Dedicated to the prevention, investigation, and prosecution of abuse in the elderly and dependent adults.

FAMILY CAREGIVER SUPPORT PROGRAM

937 Spring Street, Placerville

(530) 621-6151

Provides information and support services to informal caregivers of older individuals to maintain independence in a home setting. Services include caregiver training and support groups, respite, and care management.

FOOD STAMPS

3057 Briw Road, Placerville

(530) 642-7300

(530) 573-3200 SLT

Provides food assistance to low-income households with limited to no resources or financial means to feed themselves.

FRIENDLY VISITOR PROGRAM

(530) 621-6167

Provides friendship, support and contact for isolated or homebound seniors through home visits.

HEALTH INSURANCE COUNSELING & ADVOCACY PROGRAM

937 Spring Street, Placerville

(530) 621-6150

Provides assistance with Medicare, health insurance & long term care insurance questions. By appointment only. HICAP is free & includes community education and trainings.

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

937 Spring Street, Placerville

(530) 621-6150

(530) 573-3490 SLT

A federally funded direct payment program to assist eligible applicants in offsetting the cost of heating and/or cooling their homes.

IN-HOME SUPPORTIVE SERVICES

(530) 642-4800

Provides assistance to eligible adults 65 years or older, or blind or disabled individuals, who are unable to remain safely in their homes without assistance.

INFORMATION & ASSISTANCE

937 Spring Street, Placerville

(530) 621-6369

1-800-510-2020

One-Stop coordinated service. Staff will assist callers in determining their needs and eligibility for various services. Follow-up case management services, as needed.

LONG TERM CARE OMBUDSMAN

3057 Briw Road, Placerville

(530) 642-4860

Advocates for quality of care and quality of life for residents of skilled nursing facilities and elderly residential care homes.

MEDI-CAL

3057 Briw Road, Placerville

(530) 642-7300

(530) 573-3200 SLT

Provides medical coverage for individuals/families who do not have sufficient resources to meet their medical needs.

MULTIPURPOSE SENIOR SERVICE PROGRAM (MSSP)

3057 Briw Road, Placerville

(530) 642-4800

Provides case management services to residents 65 years or older, who are Medi-Cal eligible and at risk of placement in a nursing facility.

PUBLIC GUARDIAN

(530) 642-4800

Provides services that are defined and directed by the Probate Division of the Superior Court.

SENIOR ACTIVITIES

937 Spring Street, Placerville

(530) 621-6158

Recreational activities designed for seniors such as: Hiking, Trips, Painting, Bingo, Bridge, etc.

SENIOR COMPUTER CENTER

937 Spring Street, Placerville

(530) 621-6208

Available to residents 60 years or older. Low-cost computer classes and free "Open Session" time.